

# NUTRITION INFORMATION FOR PRIVATE LABELS OF APPLE PRODUCTS

## REGULAR APPLESAUCE

Serving size 1/2 cup (126 g)

	Previous value	New value
Calories	90	90
Calories from fat	0	0
Total fat	0	0
% Daily value	0%	0%
Sodium	15	20
% Daily value	1%	1%
Total carbohydrate	23	22
% Daily value	8%	7%
Dietary fiber	2	2
% Daily value	8%	8%
Sugars	18	18
Protein	0	0

## NATURAL APPLESAUCE

Serving size 1/2 cup (122 g)

	Previous value	New value
Calories	50	50
Calories from fat	0	0
Total fat	0	0
% Daily value	0%	0%
Sodium	15	25
% Daily value	1%	1%
Total carbohydrate	15	13
% Daily value	5%	4%
Dietary fiber	2	2
% Daily value	8%	8%
Sugars	11	9
Protein	0	0

## CINNAMON APPLESAUCE

Serving size 1/2 cup (128 g)

	Previous value	New value
Calories	100	100
Calories from fat	0	0
Total fat	0	0
% Daily value	0%	0%
Sodium	15	20
% Daily value	1%	1%
Total carbohydrate	25	25
% Daily value	8%	8%
Dietary fiber	2	2
% Daily value	8%	8%
Sugars	21	20
Protein	0	0

## APPLE JUICE

Serving size 1 cup (240 mL)

	Previous value	New value
Calories	120	110
Calories from fat	0	0
Total fat	0	0
% Daily value	0%	0%
Sodium	25	25
% Daily value	1%	1%
Total carbohydrate	30	28
% Daily value	10%	9%
Dietary fiber		
% Daily value		
Sugars	26	25
Protein	0	0

## APPLE BUTTER

Serving size 1 Tablespoon (17 g)

	Previous value	New value
Calories	35	30
Calories from fat	0	0
Total fat	0	0
% Daily value	0%	0%
Sodium	5	10
% Daily value	0%	1%
Total carbohydrate	9	8
% Daily value	3%	3%
Dietary fiber		
% Daily value		
Sugars	7	6
Protein	0	0